



# Managing Acute Illness of the Aging Population

## Course Description

The hospitalized geriatric patient is at great risk for multiple complications that can result in increased morbidity and mortality. This two-day program is designed to provide the nurse and other healthcare providers with the up-to-date information necessary to provide excellent care for the acutely ill geriatric patient.

## Program Learning Outcomes

*This program prepares the learner to:*

- Gain confidence in the management of the acutely ill geriatric patient.
- Increase awareness of early signs of complications that can occur in this high-risk patient.
- Improve recognition of key differences related to normal aging changes between younger and older patients.
- Develop a better understanding of current management strategies for the acutely ill and hospitalized geriatric patient.

## Agenda

*Sign-in begins at 7:30 am.* Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

### Day 1, 8:00 am to 4:00 pm

- 0800 **Intro to Geriatrics**  
What is It? | Who is It? | Where is It?
- 0830 **The Hazards of Hospitalization**  
Immobility | Iatrogenesis | Functional Decline | Medication Errors
- 0915 **The Physiologic Changes of Aging**  
Cardiovascular | Pulmonary | Renal
- 1000 **Break**
- 1015 **The 'Pick' Syndrome**  
Acute Delirium vs. Dementia | Depression
- 1145 **Lunch**
- 1245 **Pharmacologic Principles in Geriatrics**  
Pharmacokinetics | Pharmacodynamics | Dosing Strategies
- 1400 **Break**
- 1415 **Acute Respiratory Failure**  
The Mechanically Ventilated Patient | Failure States | Drug Therapy
- 1530 **Case Studies**
- 1600 **Adjourn**

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## Day 2, 8:00 am to 4:00 pm

- 0800 **Dying the Good Death**  
Advance Directives | The Death Culture | Ethical Issues: Terminal Dehydration/Anorexia
- 1000 **Break**
- 1015 **Infectious Disease in the Elderly**  
Common Organisms | UTI | Pneumonia Syndromes
- 1100 **Family Dynamics**
- 1145 **Lunch**
- 1245 **Cardiovascular Syndromes**  
Acute MI | Cardiogenic Shock
- 1415 **Break**
- 1430 **Chronic Heart Failure**  
The New Epidemic | Drug Therapy
- 1530 **Case Studies**
- 1600 **Adjourn**

## Accreditation

### RN/LPN/LVN/Other: 13 Contact Hours

### *Includes 1.25 Pharmacology Contact Hours*

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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